



# Ollscoil Mhá Nuad Maynooth University

## Department of Sport Science and Nutrition Assistant Professor / Lecturer in Sport and Exercise Physiology (Permanent)

### The Role

Maynooth University is committed to a strategy in which the primary University goals of excellent research and scholarship and outstanding education are interlinked and equally valued.

We are seeking an excellent academic to join our staff as an Assistant Professor / Lecturer in the broad area of Sport and Exercise Physiology. The person appointed will have a proven record of teaching, research and publication, appropriate to career stage. They will be expected to make a strong contribution to the teaching programme of the Department and undertake teaching duties on the Department's undergraduate (<https://www.maynoothuniversity.ie/study-maynooth/undergraduate-studies/courses/bsc-sport-science-and-health>) and future postgraduate programmes, as well as the supervision of Master's and PhD students.

The appointee will be expected to build a strong research profile, that supports the University's research strategy including affiliating to the Research Institutes, where appropriate and working with colleagues on national and international research. The appointee will be expected to sustain and conduct research, engage in scholarship of quality and substance and generate publications of international standard.

### Principal Duties

#### Teaching:

Undergraduate and postgraduate teaching duties are assigned by the Head of the Department. The duties will include:



- Teaching and assessing students at undergraduate level. This may include lecturing, tutoring, leading practical learning activities, project supervision, and setting, supervising and grading assessments;
- Teaching, supervising and assessing postgraduate students, including lecturing, leading seminars and other learning activities, supervision of student research activities, and setting, supervising and grading assessments;
- Enhancing and innovating in teaching and assessment practice;
- Contributing as required, to the assurance and enhancement of teaching quality;
- Outreach and promotional activities and the recruitment and selection of undergraduate and post-graduate students;
- Developing and supporting work placements;
- Developing and enhancing the curriculum;
- Designing and delivering of new courses.

### **Research & Scholarship:**

Building a research and scholarly profile is an essential part of an academic career. This will include:

- Conducting research and engaging in scholarship of quality and substance in the discipline;
- Generating external income or securing resources to support scholarly activity as necessary;
- Disseminating research and scholarly outcomes through: peer reviewed publication; presentation at national and international conferences; preparation of professional reports; commercialisation; or other appropriate means;
- Affiliating with a University Research Institute, where appropriate;
- Building research capacity;
- Fostering links with other institutions which will benefit both research and teaching at Maynooth University;
- Integrating research into the teaching curriculum;
- Supervising research students and post-doctoral fellows.

### **Service:**

The academic staff members of the University are critical to achieving the strategic objectives of the University, and as such are required to engage in work that serves the collective strategic needs of the University. This may include:

- Administrative and service duties;
- Leading or contributing to strategic projects and initiatives;
- Contributing to the internationalisation of the university;
- Outreach and engagement activities;
- Collaborative work with external partners;
- Activities to promote the University locally, nationally and internationally;



- Carrying out any other duties within the scope, spirit and purpose of a Maynooth University academic post.

### **Administrative and other duties:**

This will include:

- Undertaking administrative tasks within the Department, Faculty and University as required and as assigned by the Head of Department, the Dean or the President;
- Attending and serving on Departmental, Faculty, Institute and University committees as appropriate;
- Attending courses and engaging in other activities associated with professional development as appropriate;
- Complying with all University policies.

### **The ideal candidate will have:**

#### **Essential**

- A PhD in a relevant discipline;
- A strong academic record in teaching and research in sport and exercise physiology;
- The ability to deliver modules in (i) Fundamentals of Exercise Science, (ii) Physiological Measurement, Exercise Testing and Exercise Prescription, and (iii) Physiological Adaptation for Elite Performance.
- A record of scholarly work and publication of international quality, demonstrating potential to become a significant contributor in their field;
- Experience of and a demonstrated commitment to undergraduate and postgraduate teaching, programme development and academic innovation;
- Experience supervising graduate research students;
- Experience of, and commitment to, working in an interdisciplinary setting;
- Good administrative, organisational, teamwork and communication skills.

#### **Desirable**

- Experience teaching undergraduate modules related to: energy and metabolism, skeletal muscle physiology and adaptations to exercise;
- Experience with laboratory-based and field-based equipment used for physiological measurements and exercise testing relevant to human performance;
- Experience developing curriculum and assessment tasks.

Please ensure that your application/CV makes clear reference to how you align with the essential and desirable requirements outlined above.



## The University

Maynooth University is a very distinctive university, a collegial institution focused on science and engineering, humanities, and social sciences, and equally committed to research, teaching and community engagement. Located in Ireland's only university town, its distinctive features and character owe much to its unique history and heritage. It provides a high-quality educational experience to over 17,000 students on a campus with 18<sup>th</sup> century roots and 21<sup>st</sup> century dynamism.

Maynooth University is a place of lively contrasts – a modern institution, dynamic, rapidly-growing, research-led and engaged, yet grounded in historic academic strengths and scholarly traditions. We offer a range of programmes at undergraduate, postgraduate and doctoral level in the humanities, science and engineering and social sciences, including business, law and education, along with a range of international programmes and partnerships.

The strategic trajectory and accomplishments of Maynooth University, since its establishment as an autonomous public university, are exceptional and a source of great pride to the university community, staff, students and alumni. Maynooth University ranked in the top 90 global Times Higher Education (THE) Young University rankings in 2024. Maynooth University's growing global reputation is based on the originality, quality, importance and impact of its research and scholarship, commitment to teaching and learning, the quality of academic programmes, and its leadership in widening participation in higher education. The sources of success are the dedication of its staff and the energy and engagement of its students.

## Maynooth University's Values

Our values define who we are, what we believe in and how we act as a community. They underpin our future success and guide our expectations of ourselves and each other. Our values apply to everyone in the University community:

- Integrity
- Collegiality
- Responsibility
- Freedom of expression
- Ambition

## Maynooth University Strategic Plan 2023 – 2028

The University's Strategic Plan 2023 - 2028 builds on our rich academic history and strong foundations to set out an ambitious and forward-looking path for the future of our University. This roadmap underscores our commitment to adapt to a changing world while staying true to our values. Our vision is to be a university of excellence, opportunity and impact, having a significant stake in all three. For more information about Maynooth University's future direction, please visit: <https://strategy.maynoothuniversity.ie/>



## Plean Straitéiseach Ollscoil Mhá Nuad 2023 - 2028

Tógann Plean Straitéiseach na hOllscoile 2023 - 2028 ar ár stair acadúil shaibhir agus ar ár mbunchlocha láidre chun conair uailmhianach agus cheannródaíoch a leagadh amach do thodhchaí ár nOllscoile. Soiléiríonn an treoclár seo ár dtiomantas do dhul i dtaithí ar dhomhan atá ag síorathrú agus ár ngníomhaíochtaí a chur in oiriúint dó, agus san am céanna a bheith dílis dár luachanna Ollscoile. Is í an fhís atá againn a bheith mar ollscoil feabhais, deiseanna agus tionchair, agus lámh láidir a bheith againn i ngach ceann de na trí ghné seo.

Léigh anseo le haghaidh breis eolais faoi thodhchaí Ollscoil Mhá Nuad: <https://strategy.maynoothuniversity.ie/?lang=ga>

Our Strategic Plan sets out an ambition to be an excellent place to learn and work, and an inclusive community where students and staff can flourish and make a distinctive contribution to the national system of higher education and the public good. Achieving this requires staff to have a strong sense of connection to the University and support from colleagues. We recognise that our people are our greatest resource and actively seeks to attract, develop, and retain a talented workforce by creating a positive and welcoming University environment. As well as offering a competitive salary, access to a public sector pension scheme, and annual leave allowance, the University also provides other facilities and benefits including, but not limited to:

- Family-friendly leave schemes
- Tax Saver travel scheme and Cycle to Work scheme
- On-campus crèche
- On-campus restaurants and coffee shops
- Employee Assistance Programme
- Health and Well-Being programmes
- Education support opportunities
- Continuous Professional Development opportunities, including leadership programmes, mentoring, Aurora programme.
- Study and Exam leave
- Sports facilities and gym

To learn more about being part of the Maynooth University team, please visit our website at <https://www.maynoothuniversity.ie/human-resources/come-work-with-us>

## Faculty and Research Institutes

The Faculty of Science & Engineering comprises the Departments of Sport Science and Nutrition, Biology, Chemistry, Computer Science, Electronic Engineering, Experimental Physics, Theoretical Physics, Mathematics and Statistics and



Psychology. The role of the Faculty is to co-ordinate the academic activities of individual departments, to oversee the strategic development of departments and to support interdepartmental programmes. The University has also developed a number of interdisciplinary institutes, including the Maynooth University Kathleen Lonsdale Institute for Human Health Research, to support excellent research and to build research capacity across disciplines. The Maynooth University Kathleen Lonsdale Institute for Human Health Research undertakes research that contributes to solving important problems to improve human health on an individual, national and global scale. The approaches are intrinsically integrative, and outcome oriented, drawing on the unique expertise across a wide range of disciplines at Maynooth University and with external partners. It aims to translate research activity to effective therapies and outcomes by working closely with industry partners, clinical partners and policy makers.

## The Department

The Department of Sport Science and Nutrition was established at Maynooth University in 2023, with a growing team of academic and administrative staff. In 2024, the Department launched two new undergraduate programmes, MH221 BSc Sport Science and Health, and MH222 BSc Food Science and Human Nutrition. Academic staff in the areas of sport science and health are actively conducting research in the areas of: musculoskeletal injuries and rehabilitation, muscle function and structure, youth athlete development, chronic disease prevention and management, behaviour change, sports performance, sensor-based solutions for movement and exercise, molecular nutrition, circadian rhythm, nutrition and metabolic health. These research strengths feed directly into a vibrant learning environment.

The Department collaborates with high profile domestic and international partners, including healthcare providers, sports partnerships, food industry, injury clinics and elite-level sporting organisations. Maynooth University has committed to major capital developments worth €25 million to support sports and exercise for general student use but also including dedicated facilities to support research and teaching initiatives within the Department of Sport Science and Nutrition. These facilities will be completed in December 2026.

## Selection and Appointment

- Only shortlisted candidates will be invited to attend for interview;
- Candidates invited for interview will be required to make a brief presentation;
- Appointments will be approved by the President based on the report of the selection board;
- It is anticipated that interviews will be held during the month of June/July 2026.
- The appointment is expected to be effective from as soon as possible thereafter.



## Equality and Diversity

Maynooth University actively works to ensure equality, celebrate the diversity of our community, and promote inclusion. To learn more about our commitment to Equality and Diversity, please read the Maynooth University [Equality and Diversity Policy / Polasaí Comhionannais agus Éagsúlachta](#), our policy on the [Employment of People with Disabilities](#), and our [Gender Equality Action Plan 2023-2026](#). We aim to reflect the diversity of the community we serve and welcome applications from all individuals across our society.

Maynooth University is an equal opportunities employer and is committed to supporting applicants to enable their full participation in the recruitment process. Applicants are invited to disclose a disability during the recruitment process to ensure adequate measures are in place to enable their full participation.

## Terms and Conditions

<b>Tenure</b>	<p>This a full-time, permanent post.</p> <p>The appointment will be made at Assistant Professor / Lecturer level, of which there are two grades: Assistant Professor / Lecturer and Assistant Lecturer. To be appointed at the Assistant Professor / Lecturer level, the successful candidate will hold a PhD qualification, have a strong record of research, publications, teaching and academic leadership.</p> <p>The University will make a permanent appointment where the preferred candidate has an established track record in research and teaching; where it is in the best interests of the university, the post may be filled on a fixed-term contract basis.</p>
<b>Salary</b>	<p>Assistant Professor / Lecturer: €65,401 – €103,564 p.a. (7 points)  Assistant Lecturer): €42,599 – €72,718 p.a. (14 points)</p> <p>Appointments will be made in accordance with public sector pay provisions.</p>
<b>Location</b>	<p>The place of work is the campus of Maynooth University, Maynooth, Co. Kildare.</p>
<b>University policies and schemes</b>	<p>Employees of the University will be subject to the terms of the University policies and schemes, available on the University website at:</p>



	<p><a href="https://www.maynoothuniversity.ie/university-policies">https://www.maynoothuniversity.ie/university-policies</a></p> <p><a href="https://www.maynoothuniversity.ie/human-resources/policies">https://www.maynoothuniversity.ie/human-resources/policies</a></p>
<b>Pension</b>	<p>This is a pensionable post. Employees of the University will enter into a public sector pension scheme, and as such, applicants must ensure they are eligible to become a member of a public sector pension scheme for the duration of the appointment. Details of the public sector pension schemes are available at: <a href="https://www.maynoothuniversity.ie/human-resources/pension-information">https://www.maynoothuniversity.ie/human-resources/pension-information</a></p>
<b>Eligibility</b>	<p>Applications from non-EEA citizens are welcomed. Applicants should note that eligibility is determined by the Department of Enterprise, Trade and Employment. Further information regarding eligibility is available at: <a href="https://enterprise.gov.ie/en/what-we-do/workplace-and-skills/employment-permits/employment-permit-eligibility/">https://enterprise.gov.ie/en/what-we-do/workplace-and-skills/employment-permits/employment-permit-eligibility/</a></p> <p>Non-EEA applicants are responsible for ensuring they can secure a visa to travel to Ireland. Any offer of employment is conditional on applicants securing the appropriate employment permissions.</p> <p><b>Former Irish Public Service employees - Certain Restrictions on Eligibility</b></p> <p>Eligibility of applicants formerly employed by an Irish Public Sector body, and who availed of an Irish Public Service Redundancy or Incentivised Retirement Scheme under the Schemes below, may be affected:</p> <ul style="list-style-type: none"> <li>• Collective Agreement: Redundancy Payments to Public Servants</li> <li>• Incentivised Scheme for Early Retirement (ISER)</li> <li>• Department of Health and Children Circular (7/2010)</li> <li>• Department of Environment, Community &amp; Local Government (Circular Letter LG(P) 06/2013)</li> </ul> <p>Applicants should ensure that they are eligible to be re-engaged in the Irish Public Service under the terms of such Schemes. Applicants should address queries with their former Irish Public Sector employer.</p>
<b>Garda vetting</b>	Garda vetting or clearance may be required by the University.
<b>Medical</b>	The University may require a medical examination as a condition of employment.



## Data Protection

Applications to the University will be treated in accordance with the University Data Protection Policies. For information on the University's Data Protection Policies and Privacy Notice, please see our website: <https://www.maynoothuniversity.ie/data-protection>

## Application Procedure

### Closing Date:

23:30hrs (local Irish time) on **Sunday, 24<sup>th</sup> of May 2026.**

Please note all applications must be made via our **Online Recruitment Portal** at the following link:

<https://www.maynoothuniversity.ie/human-resources/vacancies>

Applications must be submitted by the closing date and time specified above. Any applications which are still in progress at the closing time on the specified closing date will be cancelled automatically by the system.

Late applications will not be accepted.

**Maynooth University is an equal opportunities employer**

**The position is subject to the Statutes of the University**

